



Ladybirds Newsletter
Term 5 Week 2 w/c 23rd April 2018

Our topic... "Five little men in a flying saucer"

The children are getting really involved with the new topic this term, we have been discussing the different planets with them at circle time and talking about the different things we have in our solar system. The children will have the choice of making rockets, flying saucers and spaceships, or if they choose to they can make all three!. These will be used to start our Space themed wall display.

We will also be sharing lots of space themed books at circle time, if you have any books that your child would like to bring in to share with us all at circle time then that would be lovely.

Birthdays:

We would like to wish Charlie a Happy Birthday for Sunday we hope you have a wonderful day!.

School Places:

If you haven't already informed us could you please let Mrs Defeo know which school your child will be attending in September.

Secret Life Of 4&5 year Olds:

The Channel 4 series are currently looking for more children and parents to take part in their next series. If you are interested there is a flyer on our bulletin board with all the information you will need to apply.

Sun Hats and Sun Cream:

As we are finally having some sunny weather could you please make sure your child has a sun hat and has sun cream applied before being dropped at Pre-school, if your child is attending all day could you please leave a bottle of sun cream with them so it can be reapplied during the afternoon session. Many Thanks

30 Hour Funding:

A gentle reminder to all parents if your child receives the 30 hr funding from the government, you need to reconfirm your eligibility code every three months so we are able to claim for their hours. Many Thanks

Donation Request:

This term we will be planting sunflowers with the children, could we ask each child to please bring in an empty 4 pint milk carton to make the plant pot. Many Thanks

Junk Modelling:

Thank you to all of the junk modelling recycling that's been donated this week, a gentle reminder that we are unable to accept used toilet roll holders or egg boxes. Many Thanks

Wow moments:

Thank you to all of you who have been using our 'wow' moments board in the foyer, we have been taking the slips in at circle time and sharing them with the children. It gives them a wonderful sense of achievement.

Reminder:

Could we remind all parents that older siblings are not permitted in the playroom at drop off or pick up unless they are accompanied by their parent/carer. Many Thanks

Nappy Changing:

If your child currently wears nappies at Ladybirds, could we please request that there is a packet of baby wipes in your child's bag please for when we change them. Many thanks

Job Vacancy:

We are currently advertising for a new Pre-school Assistant. 23hrs per week on a rota basis, all applicants must be level 3 qualified. If you know of anybody who would be interested, then please either pass our phone number or e-mail over. Alternatively, you or they can come and pick an application form up from Avril in the office.

Named Items:

Could you please ensure that all your child's belongings are clearly named when coming into Pre-school, including any bags and backpacks. This will ensure that no confusion is made at home time. Also could all children have a spare pair of named wellies in Pre-school. Many Thanks

Snack time:

We are running extremely low on snack donations, if any parents/carers are able to make any small donations of some healthy snacks in the new term we would be extremely grateful.

Policy Of The Week:

Please could you spare 5 minutes to review our policy of the week. We encourage any feedback which you may have. Many thanks

Please remember that our door is always open and if you have any issues or concerns, we are always happy to speak with you. Thank You, From the Ladybirds team.

Policy statement

Our provision regards snack and meal times as an important part of our day. Eating represents a social time for children and adults and helps children to learn about healthy eating. We promote healthy eating using resources and materials from the Pre-school Learning Alliance. At snack and meal times, we aim to provide nutritious food, which meets the children's individual dietary needs.

Procedures

We follow these procedures to promote healthy eating in our setting.

- Before a child starts to attend the setting, we ask their parents about their dietary needs and preferences, including any allergies. (See the Managing Children who are Sick, Infectious or with Allergies Policy.)
- We record information about each child's dietary needs in the Registration Form and parents sign the form to signify that it is correct.
- We regularly consult with parents to ensure that our records of their children's dietary needs - including any allergies are up-to-date. Parents sign the up-dated record to signify that it is correct.
- We display current information about individual children's dietary needs so that all staff and volunteers are fully informed about them.
- We implement systems to ensure that children receive only food and drink that is consistent with their dietary needs and preferences as well as their parents' wishes.
- We provide nutritious food for all snacks, avoiding large quantities of saturated fat, sugar and salt and artificial additives, preservatives and colourings.
- We include foods from the diet of each of the children's cultural backgrounds, providing children with familiar foods and introducing them to new ones.
- We take care not to provide food containing nuts or nut products and are especially vigilant where we have a child who has a known allergy to nuts.
- Through discussion with parents and research reading by staff, we obtain information about the dietary rules of the religious groups to which children and their parents belong, and of vegetarians and vegans, as well as about food allergies. We take account of this information in the provision of food and drinks.

- We require staff to show sensitivity in providing for children's diets and allergies. Staff do not use a child's diet or allergy as a label for the child or make a child feel singled out because of her/his diet or allergy.
- We organise snack times so that they are social occasions in which children and staff participate.
- We use snack times to help children to develop independence through making choices, serving food and drink and feeding themselves.
- We provide children with utensils that are appropriate for their ages and stages of development and that take account of the eating practices in their cultures.
- We have fresh drinking water constantly available for the children. We inform the children about how to obtain the water and that they can ask for water at any time during the day.
- In accordance with parents' wishes, we offer children arriving early in the morning, and/or staying late, an appropriate meal or snack.
- We inform parents who provide food for their children about the storage facilities available in the setting.
- We give parents who provide food for their children information about suitable containers for food.
- In order to protect children with food allergies, we discourage children from sharing and swapping their food with one another.

Packed lunches

As children staying for lunch are required to bring packed lunches, we:

- ensure perishable contents of packed lunches are refrigerated or contain an ice pack to keep food cool;
- inform parents of our policy on healthy eating;
- inform parents of whether we have facilities to microwave cooked food brought from home;
- encourage parents to provide sandwiches with a healthy filling, fruit, and milk based deserts such as yoghurt or crème fraîche where we can only provide cold food from home. We discourage sweet drinks and can provide children with water or diluted fresh fruit juice;
- discourage packed lunch contents that consist largely of crisps, processed foods, sweet drinks and sweet products such as cakes or biscuits. We reserve the right to return this food to the parent as a last resort;
- provide children, bringing packed lunches, with plates, cups and cutlery; and
- ensure staff sit with children to eat their lunch so that the mealtime is a social occasion.

Legal framework

- Regulation (EC) 852/2004 of the European Parliament and of the Council on the hygiene of foodstuffs

Further guidance

Other useful Pre-school Learning Alliance publications

- Nutritional Guidance for the Under Fives (Ed.2010)
- The Essential Early Years Cookbook (2009)
- Healthy and Active Lifestyles for the Early Years (2012)

This policy was adopted at a meeting of _____ name of setting

Held on _____ (date)

Date to be reviewed _____ (date)

Signed on behalf of the provider

Name of signatory _____

Role of signatory (e.g. chair/owner) _____